



# 5<sup>th</sup> Biennial Meeting

October 03 - 05, 2019 - Jeddah Hilton Hotel

**Scientific Program  
MESSM 2019**

**In collaboration with:  
Saudi Urological Association**



**CME- accredited!**



Welcome to the Middle East Society for Sexual Medicine's 5th Biennial Meeting! This year, our Meeting will take place for the first time in the Kingdom of Saudi Arabia, in the Beautiful city of Jeddah, the Bride of the Red Sea.

This year's MESSM Biennial Meeting theme is "Sexual Medicine: Body, Mind and Soul". Dr. Ayman Albakri, Chairman of the MESSM Scientific Committee and his team have designed a comprehensive program that covers the different aspects of sexuality and sexual disorders. This is in keeping with the MESSM's emphasis on extending its coverage and addressing its members' interests. The Continuous Medical Education (CME)- accredited program has been designed to cover the interests of urologists, andrologists, gynecologists, endocrinologists, psychiatrists and primary care physicians who are interested in sexual medicine. You will also find that the program covers some provocative issues that, until now, have been begging to be addressed.

There will also be four Pre-Congress workshops, which cover various areas of interest, including one on the skills required when interviewing patients with sexual dysfunction. There is also a hands-on penile prosthesis course, in which candidates can scrub in on live patients to learn firsthand from the experts in our region.

Jeddah has historically been the gateway to the Holy Lands of Makkah and Al-Madinah. This unique distinction has helped shape it into a melting pot of cultures from around the world. As the second largest city in the Kingdom, there is something to do for everyone. I look forward to seeing you here!

Sincerely,  
Abdulaziz Baazeem, MD, FRCS(C), FECSM  
MESSM President, 2017-2019

Pre Congress - Thursday 3 Oct.					
Start	End	Duration (minutes)		Moderator	Room
09:00	11:00	120	Psycho Sexual Therapy In Female Sexual Dysfunction	Attia Ataky	Jeddah Hilton: Dhahran Meeting Room
08:00	12:00	240	The Art of Therapy in Sexual Disorders - Interviewing Skills Workshop	Mona Reda	Jeddah Hilton Riyadh Meeting Room
13:00	17:00	240	Hypoactive Sexual Desire Disorder	Mona Reda	Jeddah Hilton Riyadh Meeting Room
13:00	15:00	120	Vaginismus and Unconsummated Marriage	Wafaa Eltantawy	Jeddah Hilton: Dhahran Meeting Room
				Faculty	
08:00	16:00	480	Hands-on Surgical Course, Sponsored by Coloplast	Taha Abolmagd (Egypt), Ayman Albakri (KSA), Naif Alhathal (KSA), Ahmed Alsayyad (KSA), Ehab Alsayyed (KSA), Yaman Altal (Jordan), Osama Shaeer (Egypt)	King Abdulaziz University Hospital

## Day 1 - Friday 4 Oct.

Start	End	Duration (minutes)		Chair/Moderator 1	Chair/Moderator 2	Speakers	Room
09.00	10.15	60	Erectile Dysfunction	Luiz Otavio Torres	Talal Merdad		Al Qasr Ballroom
		20 20 20 15	ED as a surrogate for Morbid Conditions New Non-surgical Treatments for Erectile Dysfunction When the Patient Says: "I Had a Penile Prosthesis Inserted, But I'm not Satisfied With the Results." Questions			Kutaiba Almitwalli (UK) Yaman Altal (Jordan) Ayman Albakri (Saudi Arabia)	
10.15	10:40	25	Coffee / Tea Break				
10:40	11:00	20	Opening Ceremony				
		6 6 6	MESSM Welcome Message SUA Welcome Message ISSM Welcome Message			Abdulaziz Baazeem (Saudi Arabia) Raed Azhar (Saudi Arabia) Luiz Otavio Torres (Brazil)	
11:00	12:00	60	Disorders of Desire, Orgasm and Ejaculation	Fahad Mashat	Abdulqadir Alzarooni		
		15 15 15 15	Updates on the Treatment of Premature Ejaculation Drugs Affecting Ejaculation, Orgasm and Sexual Function Management of Delayed ejaculation and Anorgasmia Questions			Amr El-Meliegy (Egypt) Tarek Heggawy (Jordan) Emad Rajeh (Saudi Arabia)	
12:00	14:00	120	Friday prayer / Lunch				
14:00	15:00	60	Sex and the Middle Eastern Culture: Some of the Challenges We Face	Sherif Ghazi	Jalal Alsharif		
		15 15 15 15	Pornography and Sexual Dysfunction Risks of The Gap Between Sexual Medicine and Sexual Health Reality Sexual Orientation in the Middle East Discussion			Sayyid Abdulkader (Saudi Arabia) Abdulaziz Baazeem (Saudi Arabia) Mona Reda (Egypt)	
15:00	15:20	20	Coffee / Tea Break				
15:20	16:00	40	Physical and Emotional Sexual Trauma	Dulaim Alhajeri	Etidal Aljahdali		
		15 15 10	Treating Sexual Trauma: What is in our Toolbox? Effect of Female Genital Cutting on the Couple's Sexual Health Questions			Raghda Bow (Saudi Arabia) Tarek Anis (Egypt)	
16:00	18:00	120	MESSM Business Meeting / General Assembly				
			- BoD Elections 2019-2021				

Day 2 - Saturday 5 Oct.

Start	End	Duration (minutes)		Chair/Moderator 1	Chair/Moderator 2	Speakers	Room
09:00	10:00	60	ESSM/MESSM Video Session	Naif Alhathal (Saudi Arabia)			Al Qasr Ballroom
		25	<b>• Peyronie’s Disease: Minimally Invasive Approach &amp; Complex Surgical Management:</b> • Optimizing collagenase Clostridium histolyticum therapy for Peyronie's disease using a novel approach with percutaneous needle tunneling. • Penile Corporoplasty: Incision and grafting using Tachosyl Fleece Technique. • Surgical Technique for Complex Cases of Peyronie's Disease With Implantation of Penile Prosthesis, Multiple Corporeal Incisions, and Grafting With Collagen Fleece: Novel Technique. <b>• Prosthetic Surgery: Challenging cases and additional cosmetics improvement techniques</b> • Salvage and Extracapsular Implantation for Penile Prosthesis Infection or Extrusion. • Simultaneous Suprapubic Lipectomy and Penile Prosthesis Implantation • Dorsal phalloplasty accompanying penile prosthesis implantation minimizes penile shortening and improves patient satisfaction • Penoscopy: optical corporotomy and resection for prosthesis implantation in cases of penile fibrosis, Shaeer's technique Questions		Abdel Rahman Zahran (Egypt)	Juan Ignacio Martinez-Salamanca (Spain)	
		25				Osama Shaeer (Egypt)	
		10					
10:00	10:30	30	ISSM State-of-the-Art Lecture				
		20	Use, Misuse and Abuse of Testosterone: What we know.			Luiz Otavio Torres (Brazil)	
		10	Questions				
10:30	11:00	30	Coffee / Tea Break				
11:00	11:40	40	Not Tonight, Honey! Sexual Dysfunction within the Couple's Context	Sandrine Atallah (Lebanon)			
			Case presentations and discussion			Bassel Bachir (Lebanon), Wael Auwad (Saudi Arabia), Elham Atalla (Bahrain)	
11:40	12:40	60	Genital Enhancement Surgery	Ahmed Hafez (Saudi Arabia)	Mohamad Habous (Egypt)		
		15	Female Genital Aesthetic Surgery			Abdulrahim Gari (Saudi Arabia)	
		15	Doctor, I want it Bigger!			Said Kattan (Saudi Arabia)	
		15	Body Dysmorphic Disorder			Fahad Alosaimi (Saudi Arabia)	
		15	Questions				
12:40	14:10	90	Lunch				
14:10	15:10	60	FSD Session	Hassan Abduljabbar (Saudi Arabia)	Hasan Alkhudairi (Saudi Arabia)		
		15	The ISSWSH Guidelines for the Diagnosis and Treatment of Hypoactive Sexual Desire Disorder.			Rawan Gari (Saudi Arabia)	
		15	Menopause and Sexual Dysfunction: The Role of Hormone Replacement Therapy.			Wafaa Eltantawy (UK)	
		15	Female Sexual Pain Disorders: Genital Pain or Sexual Dysfunction?			Tarfah Almuammar (Saudi Arabia)	
		15	Questions				
15:10	15:40	30	Coffee / Tea Break				
15:40	16:40	60	Sexual Dysfunction: The Relationship Killer	Abdullah AlEssimi (Saudi Arabia)	AdeI AlHunayyan (Kuwait)		
		15	The Unconsummated/Sexless Marriage			Elham Atallah (Bahrain)	
		15	Resistant Erectile Dysfunction: Is She Responsible?			Shedeed Ashour (Egypt)	
		15	The Sexual Journey of Motherhood: Before, During and After Pregnancy			Amany Shaltout (Egypt)	
		15	Questions				
16:40	17:40	60	Podium session: Submitted abstracts				
			• Insecurity and Sexual and Relational Experiences in Saudi-Arabian Women: The role of Perceived Partner Responsiveness and Sexual Assertiveness • How to maximize the girth? A New technique for penile prosthesis implantation in severely fibrosed corpora cavernosa 'Video' • Untreated Gonococcal urethritis may cause acquired premature ejaculation • Vaginismus Online Treatment			Attia Ataky  Mohammed Abdel Rassoul  Mohammad Mahmudur Rahman Mohamed Shamandi	
17:40	17:50	10	Closing Ceremony				

Sponsor

LaVasta  
P H A R M A



LIPTIS  
Pharmaceuticals

Lilly



سيماكو الدوائية  
SPIMACO ADDWAEIH

tabuk  
pharmaceuticals



GIM

LIFE PULSE  
Medical Care And Advanced Systems



### MESSM Board of Directors

<b>President</b>	Abdulaziz Baazeem
<b>Past President</b>	Tarek Anis
<b>Secretary General</b>	Amr Gadallah
<b>Treasurer</b>	Sadrine Atallah
<b>Directors</b>	Shedeed Ashour
	Talal Merdad
	Jawad Feghali
	Wafaa El-Tantawy
	Yasser Farahat

### Organizing/Scientific Committee

<b>Chairman</b>	Ayman Al-Bakri
<b>President of MESSM</b>	Abdulaziz Baazeem
<b>President of SUA</b>	Raed Azhar
<b>Chairman of Saudi Andrology Group</b>	Saeed Kattan

### SUA Board of Directors

<b>President</b>	Raed Azhar
<b>Vice President</b>	Sultan AlKhateeb
<b>Secretary General</b>	Turky Al Mouhissen
<b>Treasurer</b>	Ehab Mahmoud
<b>Directors</b>	Abdulrahman Al-Aown
	Nasser Albqami
	Mai Bankhar
	Ashraf Abusamra
	Ahmed Alzahrani
<b>Members</b>	Abdulkareem Jubran
	Amr El-Meligy
	Shedeed Ashour
	Yasser Farahat
	Naif Al Hathal
	Rawan Gari
	Sandrine Atallah
	Yaman Al Tal





### Meeting Organizers

#### MESSM Executive Office

<b>Contact Person</b>	Olla Tarek
<b>Mobile</b>	+966 57 061 7365
<b>Email</b>	Office@messm.org
<b>Website</b>	www.messm.org

#### SUA Executive Office

<b>Contact Person</b>	Dalia Djamil
<b>Mobile</b>	+966 54 422 6338
<b>Email</b>	sua.info@yahoo.com
<b>Website</b>	www.saudiurology.org